



Dear PALS Renewal Course student:

Welcome to the American Heart Association (AHA) PALS RENEWAL (Update) Course. Participants must provide a current AHA BLS Provider card and a current PALS Provider card when registering for PALS Renewal.

Course location is in Room 4-403 of the Administration Building (across from Subway).

Registration for PALS Renewal is held from 0700 - 0730. <u>The course begins *promptly* at 0730.</u> **Please arrive promptly**. If you are late, you will be asked to reschedule. Please feel free to bring a lunch/snack. There will be no lunch break in this course.

Your **2015 PALS Provider Manual** is a requirement for preparation and must be brought to class on the course date. This is an American Heart Association requirement and must be followed. The manual may be purchased at the LSUHSC-S Bookstore or order online at <u>www.Laerdal.com</u>, <u>www.eworldpoint.com</u>, or <u>www.aha.channing-bette.com</u> (Item # 15-1058).

The PALS Renewal (Update) Course is designed to teach you the lifesaving skills required to function as both a response team member and a team leader in an in-hospital setting or out-of-hospital setting. Because the PALS Course includes extensive complex information during a limited time frame, you will need to prepare for the course beforehand. The Renewal Course is a **FAST-PACED** Course with minimal review and practice. Please come prepared.

Pre-course Requirements

Prepare for the course by doing the following:

- 1. Review and understand the information in your PALS Provider Manual. Pre-course Preparation Checklist: BLS competency: Be prepared to successfully complete 1 & 2 rescuer Child BLS with AED and 1 & 2 rescuer Infant BLS skills test. The resuscitation scenarios require that your BLS skills and knowledge be current.
- 2. Review, understand and **complete the ECG and Pharmacology Pre-course Self-Assessment** on the Student Website(**www.heart.org/eccstudent**) (**instructions are on page** *ii* **in the PALS Provider manual at the bottom of the page**),
- **3.** Print your scores and turn them in as you sign in on the morning of the course. You must obtain a score of at least 70% to be admitted to the course. Note that the pre-course self-assessment may be repeated if necessary.

Please wear loose, layered, comfortable clothing to class. You will be practicing skills for this course that require bending, standing, and lifting. If you have any physical condition that might prevent you from engaging in these activities, please inform an instructor.

We look forward to seeing you and hope that you find this course a valuable experience. If you have any questions, please contact the department at (318)626-1859.

University Health Shreveport

Hospital Education and Standards Training Center Faculty

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course Materials do not represent income to the Association. 12/2016

PALS Update Course Agenda

- 0730 0735 Welcome/ Course Introduction Video
- 0735 0745 Science of Pediatric Resuscitation Video
- 0745 0830 Basic Life Support Video and Practice
- 0830 0900 Child/AED and Infant BLS Skills Check Off
- 0900 0915 Systematic Approach Video & Discussion of Cases
- 0915 0930 Team Dynamics Video
- 0930 0945 Post Cardiac Arrest Care Video
- 0945 1100 Practice of Respiratory/Shock/Cardiac Cases
- **1100 1200** Competency Testing of Cases
- 1200 1300 Written Exam/Remediation/Course Evaluation

<u>**Participants</u>**: Before leaving the course, please turn in <u>**ALL CHECK-OFF**</u> <u>**FORMS and COURSE EVALUATION**</u>. You will receive your card after all the paperwork is submitted.</u>



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